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| Name: SMT KAVITHA | Reg No: 6-11SMMHC18 |
| Age / Sex: 35 /F | Contact No:9741834713 |
| Marital Status: ML- 12 YRS | Date:7/11/18 |
| Occupation: HOUSEWIFE . BCOM STUDIED UPTO | Dr. PJFP |
| Address:  NATIVE OF KANAKPURA. | DIAGNOSIS- |

1. SNEEZING < MNG. EARS AND THROAT ITCHING, SNEEZING , < 2-3 AM MORE AT THT TIME. INC BEFORE SINCE CHILDHOOD HAD IT ON AND OFF.MORE NOTICED AFTER 2ND DELIVERY.
2. GASTRITIS SINCE 2 YRS ABD DISTENSION. NO HUNGER. SINCE 2 YEARS.
3. CONSTIPATION – DOEST FEEL CLEAR. MUST STRAIN BUT DOESN’T COME OUT. NORMAL STOOL.
4. FEELS BODY WEIGHT.
5. BACKPAIN ?COCCYGEAL REGION HAD BEFORE BUT AFTER SOME REST NW THE PAIN IS IN LUMBAR AND A LIL BOT OF UPER SACRAL REGION. WOUNDED PAIN

* CAN SLEEP ONLY IF WILL SQUAT OTHERWISE LOT OF PAIN.

RX:

1. KALI. BI 200 – 4-0-4
2. ANT TART 200+SABADILLA200 4 -4-4.
3. RUBRUM 15 – 1 DOSE NIGTHB/FOOD.
4. ALFALFA+AVENA – 10-10-10 DROPS A/FOOD WATER.

24/11/18: numbness and joint stiffness. More in the left side. More tanning of the skin. Oily skin.

Rx:

1. KALI. BI 1m – 4 pills mng b/food.
2. ANT TART 200+SABADILLA200 4 -4-4.
3. RUBRUM 15 – 1 DOSE NIGTHB/FOOD.
4. ALFALFA+AVENA – 10-10-10 DROPS A/FOOD WATER.
5. Hamamelisq+calend Q +berb aquifoliumq – mix 10 ml in bory lotion or 1 drop in face cream twice a day.

8/12/18: AGAIN INCREASED LIKE INITIAL TIME. NO MUCH RELEIF. DAILY TAKING ALLOPATHY. IF DOESN’T TAKE IT SHE IS UNABLE TO SUSTAIN. BACKPAIN AND CRAMMPS IN THE POPLITEAL FOSSA OF LEFT SIDE. CANT GET UP ONLY. GETTING GIDDINESS IF TAKING ALLO.

1. KALI. BI 30 –2 DRAM 4-0-4
2. ANT TART 1M +NAT SULPH 30– 4-4-4-4.
3. NUX VOM 200/SULPHUR 200 – PILLS 4 – NIGHT B/FOOD.
4. RUBRUM 15 – 1 DOSE NIGTHB/FOOD.
5. BLATTAQ – 15 DROPS TID.

22/12/18: wheezing more only. feels more than before. Backpain.popliteal fossa pain is same. Giddiness better. Weakness better. Inhalers taking daily. Gastritis. Bloated feeling. Motion not clear.

Rx:

1. Ars alb 30 – 4-4-4-4.
2. Thuja 200 – 5 doses – 3 days once.
3. Nat phos 12 x 4-4-4-4.
4. Rub 15 – 1 dose night b/food.
5. Ars alb 200 – sos wheezing.

5/1/19: constant wheezing. Must take inhalers. Backpain better. Giddiness there mildly. Gastritis same. Anal pain a lot 5 days took some meidicne allopathy and ointment which then reduced.

1. Ars alb 200 – 4-4-4.
2. Nux vomica 200 – 4-4-4.
3. Grindelia 200 – sos.
4. Robinia 30 –disc 4-4-4 a/food.

19/1/19: inhalers takng regularly. Gastritis. Bloating abd. Doesn’t have hunger, laziness, no interest, feels heavy body. < after eating.

Rx:

1. Kali carb 200 – 1 dose
2. Grindelia 200 – 4-4-4-4.
3. Carbo veg 3x 2-2-2-2
4. blattaQ, aspido – 20-20-20 drops a/food water

2/1/19: feeling beter. Gastritis also feels better no weight. Wheezing tablet alternate days reduced the dosage. Feeling a bit difficult when reading near ones. Rt arm feels painful. Unable to catch things properly. Cant sleep on the rt. Side painful side. Rotation unable to do.

1. Kali carb 200 – 1 dose
2. Lycopersicon e 200 – 4-4-4.
3. Grindelia 200 – 4-4-4-4.
4. Carbo veg 3x 2-2-2-2
5. blattaQ, aspido – 20-20-20 drops a/food water

16/2/19: gastritis better. Slightly weak unable to walk. Wheezing alternate taking tablets.

Rx:

1. kali carb 1m – 1 dose.
2. Lycopersicon 1m – 4-4-4
3. Grindelia 3x 4-4-4
4. Alfalfa avena – 20 drops tid.

9/3/19: backpain inc. rt arm pain. if walks feels weak must drink water and eat. wheezing same. Gastritis better. Unable to walk if doesn’t take tabs for wheezing.lmp: 9/3/19. Frm 2 months getting period fr 20 days.

Rx:

1. Medorhinum 10m – 1 dose
2. Lach 200- 4-4-4-4
3. Rub 15 days.
4. Robinia 200 – 4 pills sos gastritis.

23/3/19: gastritis better. Dust allergy a bit frm yesterday due to some cement. Shoulder joint pain. unable to walk.

Rx:

1. Bryonia 1m+rhus tox 1m/arnica1m – 4-4-4-4. Disc.
2. Rheumagic oil.
3. Medorhinum 1m/lach 200 – 4-4-4-4 – 1 dram pills.
4. Rub15 – 1 tab night b/food.

10/4/19: neck pain between shoulder and side of neck paining . Backpain <sitting,walking more. Arm pain while rotating with more effort. Gastritis better. Teeth sensitivity <cold and sweet since 2 years. I gve tension to others and then feel free.

Rx:

1. Bryonia 1m/sanguinaria 200- 4-4-4 disc.
2. Lach 200 – 4-4-4
3. Rub 15 – 1 tab night.

27/4/19: reduced back pain but again increased. Breathing feels again inc again.gastritis.

Rx:

1. Bacillinum1m/kali carb1m/ant tart1m – 4-4-4-4
2. Bryonia/sanguinaria/kalmia1m – 4-4-4-4
3. Rub 15 .